

Middle School

Suggested Schedule

Monday	Wednesday	Friday
Unique Reading: Pre-Recorded Teacher Directed Lesson (25 mins)	Unique Reading: Pre-Recorded Teacher Directed Lesson (25 mins)	Unique Reading: Pre-Recorded Teacher Directed Lesson (25 mins)
Daily Living Skills Activity (15 mins)	Daily Living Skills Activity (15 mins)	Daily Living Skills Activity (15 mins)
Unique Math: Pre-Recorded Teacher Directed Lesson (25 mins)	Unique Math: Pre-Recorded Teacher Directed Lesson (25 mins)	Unique Math: Pre-Recorded Teacher Directed Lesson (25 mins)
Adaptive P.E: Videos & Resources (20 mins)	Adaptive P.E: Pre-Recorded Teacher Directed Lesson (20 mins)	Adaptive P.E: Videos & Resources (20 mins)
Mindfulness Activity (15 mins)	Mindfulness Activity (15 mins)	Mindfulness Activity (15 mins)
Virtual Read Aloud	Virtual Read Aloud	Virtual Read Aloud
Daily Brain Break Activity	Daily Brain Break Activity	Daily Brain Break Activity
News 2 You- Current Events Pre-Recorded Teacher Directed Lesson (10 mins)	News 2 You-Current Events Pre-Recorded Teacher Directed Lesson (10 mins)	News 2 You-Current Events Pre-Recorded Teacher Directed Lesson (10 mins)