

OFFICE OF EXCEPTIONAL EDUCATION LEARNING AT HOME PLAN

TEACHER/CASE MANAGER OFFICE HOURS:

- Conduct check-ins via phone or web (such as Zoom, Google Hangout, or Class DoJo) with students and/or parents
- Check-in on student learning progress to provide feedback
- Maintain a [Communication Log](#)
- Complete Special Education Paper (as appropriate)
- Participate in IEP meetings (as appropriate)

Monday	Wednesday	Friday
Unique Reading: Pre-Recorded Teacher Directed Lesson (25 mins)	Unique Reading: Pre-Recorded Teacher Directed Lesson (25 mins)	Unique Reading: Pre-Recorded Teacher Directed Lesson (25 mins)
Mindfulness Activity (10 mins)-Pre-Recorded	Mindfulness Activity (10 mins)-Pre-Recorded	Mindfulness Activity (10 mins)- Pre-Recorded
Unique Math: Pre-Recorded Teacher Directed Lesson (25 mins)	Unique Math: Pre-Recorded Teacher Directed Lesson (25 mins)	Unique Math: Pre-Recorded Teacher Directed Lesson (25 mins)
Virtual Read Aloud	Virtual Read Aloud	Virtual Read Aloud
News 2 You- Social Science (10 mins) Pre-Recorded	News 2 You-Social Science (10 mins) Pre-Recorded	News 2 You-Social Science (10 mins) Pre-Recorded
Adaptive P.E: Pre-Recorded Teacher Directed Lesson	Adaptive P.E: Pre-Recorded Teacher Directed Lesson	Adaptive P.E: Pre-Recorded Teacher Directed Lesson

Related Service Supports

Related Service/Sped Services	Delivery Method	Description
Speech Language	Tele-Therapy	SLP will provide direct speech services via virtual platforms.
OT/PT	Consult/Check-Ins	OT/PT will conduct parent consults and check-ins via phone conference and/or virtual platforms.
Therapeutic/Behavior Support	Tele-Therapy	Therapeutic Aide will provide therapeutic behavioral support via virtual platforms and other methods deemed appropriate by agency.
Interpreter Services	Virtual Platform	Closed Caption (Pre-Recorded Lessons) American Sign Language (Pre-Recorded Lessons as needed)

Exceptional Education: Supplemental Online Supports

Grades K-3

This is a resource parents can use to select activities that will help meet their child's individual needs.

	Subject	Skills	Virtual Activity	Technology-Free Activity
	Life skills, math	Sequencing, following directions, health and safety	Hand Washing video modeling	Hand washing sequence strip visual support Hand Washing sample data sheet
	Life skills, math, reading, receptive and expressive communication	Sequencing, measuring, reading a recipe, reciprocal communication, following verbal directions, etc.	Cereal for breakfast video modeling Making toast video modeling Table manners animated video Table manners realistic video	Prepare Breakfast Together a variety of recipes including visual supports. Table manners Visual cues including non-examples
	Life skills	Sequencing, requesting, weather-appropriate choices, attributes (long sleeve vs. short sleeve), color, fasteners	Dress for the weather interactive game Dress for the weather video	Getting dressed choice board Getting dressed picture schedule
	Math, life skills	Discrimination, sequencing, making requests, attributes	Color sort interactive game Sorting socks video modeling Color sorting video	Sorting items allows a student to develop discrimination and fine motor skills (depending on the level of the student, activity may need to start with placing one type of item in a container) Make a sorting mat for the desired activity (placing mat in a page protector will increase its durability). How can this activity be designed to meet the student's transition needs?

Math, life skills, reading, writing, communication	Counting, patterns, weather, days of the week, months of the year	Let's make a calendar interactive game	Calendar journal example (This activity could be modified to meet the needs and instructional level of the individual student.)
Literacy	Reading aloud, either hard-copy or electronic stories, helps students develop early literacy skills, social skills, and life skills.	Parts of book video Take time to discuss parts of the book when appropriate. Storyline Online stories read aloud	Concepts of Print teach parts of a book: cover, back, spine... Reading left to right Reading from top to bottom Books with visual symbols imbedded in text
Physical education	Gross motor movement (Choose activities to fit the needs and ability of the child.)	Yoga video #1 Yoga video #2	Obstacle Course resource for how to construct at home obstacle course. Gross Motor Activity choice board
Reading, writing, life skills	Making lists, writing invitations, signing name, writing letters to family and friends	I Spy Alphabet interactive game Pre-writing interactive games	Pre-writing practice sheets can be used for writing or cutting. For reusable sheets, place them in a page protector and write with dry erase markers. Write letters to friends/relatives, take writing outside with sidewalk chalk or a bucket of water and paintbrush.
Reading, writing, math, communication, physical education	Vocabulary, visual discrimination, measurement, parts of speech	Scavenger Hunt Song video	Home Scavenger Hunts can be designed for indoors or out. They can be individualized for the student's specific needs and environment. Example scavenger hunt form. This activity and form could be modified to meet the needs and instructional level of the individual student.
Math, reading, life skills, communication	Sequencing, measuring, reading a recipe, reciprocal communication, etc.	Making a pizza video All about measuring video	Practicing measuring activity allows students to measure different quantities. (Using two bins and rice makes this activity long lasting.)

	Writing, literacy, communication	Create a story using apps and graphic organizers. Narrate a story to discuss characters, setting, events, and details of a story.	Story Maker interactive writing tool Story Prompt Generator interactive way to generate story ideas	Graphic Organizers allow students to collect their thoughts before putting them together into a sentence or story. Modify this activity to best meet the individual needs of the student; does he need a scribe, to work on sentences, to work on single words?
	Reading	Read aloud or independent reading of electronic stories helps students develop early literacy skills.	Tarheel Reader provides opportunities for assisted and independent reading. On-line books read aloud with signing	DLM guidance document to assist with the Tarheel Readers Select books by topic, ask guided questions using storyboard for students with limited oral communication skills. This is only an example of a storyboard. Example of a story with symbols for students with limited or no consistent mode of communication.
	Gross motor, science, physical education	Movement, exercise	Head, Shoulders, Knees and Toes dance video Hokey Pokey dance video	Taking a movement break allows the student to reset her brain. Try dancing to a favorite song or playing outside.
	Fine motor	Manipulate small objects to complete a task, hand-eye coordination.	PBS Kids , ABCya , Starfall all contain interactive games that will allow a student to practice his fine motor skills.	TheraKids and Learning4Kids both provide ideas for fine motor activities within the home environment. Provide families with a list of selected activities that best meet the needs of the student.
	Social emotional	Explore various feelings and emotions through games, songs, movement, and additional activities.	Identifying feelings interactive game (no sounds) The Feelings Song video	Feelings directions for the game Cards in pdf for playing the game Feelings story simple to read feelings book
	Cognition, life skills	Following directions, directionality (left/right), attributes (big/small), reciprocal communication	Food facts animated video Setting the table video modeling	Set Table for Dinner visual sequencing chart PrintableTable Setting Placemats are a great way to provide a visual to assist a student with this task.

	Cognition	World/community exploration, vocabulary acquisition, directionality (left/right), attributes (big/small)	With Virtual Field Trips students can explore the world. From zoos to art museums, these trips allow the student to interact with the world. Provide a scavenger hunt to guide the trip.	Arkansas Field Trips provides a guide on things to explore in Arkansas. Nature Walk journal provides the opportunity for students to engage in conversation about what they see. This is only an example and should be individualized for the needs of your student. Sensory Adventure: Outside Exploration ideas on how to build guiding questions into a nature walk
	Language, physical education	Expressive and receptive communication, directionality (left/right), attributes (big/small),		Take the dog for an evening walk. Get some exercise and play a game of I Spy .
	Fine motor, life skills	Sequencing, health and safety, following directions	Tooth brushing video modeling	Tooth brushing visual schedule
	Cognition, social emotional, language arts	Creative writing, expressive language, process feelings, communication		Taking time to reflect on the day will help the student learn to reflect. This Social Story/feelings and this Daily Journal are both tools to help students reflect on the day.

Grades 4-8

	Subject	Skills	Virtual Activity	Technology-Free Activity
	Physical education, health	Sequencing, following directions, health and safety	Hand Washing video modeling	Hand washing sequence strip simple visual support Hand Washing advanced steps with visuals Hand Washing data sheet sample

	Math, English language arts, life skills, transition skills	Sequencing, measuring, reading recipe, reciprocal communication, following verbal directions, etc.	Making oatmeal video modeling	Making oatmeal visual recipe Making oatmeal visual recipe (multiple options; free to download)
	Science, physical education and health, life skills, transition skills	Sequencing, following directions, healthy and safety	The Importance of Good Hygiene video lesson	Using the restroom visual support Brushing teeth visual support Getting Dressed choice board
	Math, life skills	Sorting laundry allows a student to develop discrimination skills (Depending on level of the student, the activity may need to start with placing one type of item in the basket.)	Sorting Laundry video modeling Sorting utensils video modeling Sorting pictures interactive game (requires free account) Sorting by size interactive game with closed captioning	Sorting can be an activity completed at home guided by the individual needs of the student. Sorting coins, laundry, letters, colors, and mail are all functional ways that sorting can be incorporated throughout the day. Make a sorting mat for the desired activity (placing mat in a page protector will increase its durability). How can this activity be designed to meet the student's transition needs?
	English language arts	Reading aloud and reading together, either hard-copy or electronic stories, helps students develop literacy skills, social skills, and life skills.	Parts of Book video discussing parts of the book Storyline Online stories read aloud Just Books stories read aloud	Concepts of Print teach parts of a book: cover, back, spine, reading left to right, and reading from top to bottom. Books with visual symbols imbedded in text
	Physical education and health	Gross motor movement (choose activities to fit the needs of the child)	Adaptive yoga video for kids Exercise video for kids Sitting exercise video animated	Obstacle course ideas with examples of visual supports

	Math, English language arts	Vocabulary, visual discrimination, measurement, parts of speech	Hidden Picture Game interactive game	<p>When developing a scavenger hunt, think about the area of need you would like to target; also think about the related skills that will be important for the activity. Does the student need to develop expressive communication, does she need to work on “wh” questions, or attributes... the possibilities are endless.</p> <p>Scavenger Hunt ideas for home</p> <p>Neighborhood scavenger hunt template</p> <p>Color scavenger hunt template</p>
	Math, English language arts	Sequencing, measuring, reading a recipe, reciprocal communication, etc.	<p>Measuring for cooking video</p> <p>Measuring liquids video modeling</p> <p>Making a PB&J video modeling</p> <p>Making grilled cheese video modeling</p>	<p>Prepare Lunch Together and Look n’ Cook are examples of cookbooks with visual recipes. Find a recipe specific to your student’s needs and develop a lesson around that activity. Consider measuring, fractions, counting, and nutrition as instructional areas to target.</p>
	English language arts	Create and narrate a story to discuss characters, setting, events, and details of a story.	Video for adults on how to lead this discussion.	<p>Picture Story Cubes provide a fun way for students to get motivated about writing a story. Remember to use symbols the student is familiar with.</p> <p>Story map - sequencing of events</p> <p>Story map - parts of the story</p>
	Physical education and health	Movement, exercise	<p>GoNoddle: Jump, Squat, Turn Around</p> <p>(Following Directions)</p> <p>GoNoddle: A-Moose-Ta-Cha</p> <p>(Following Directions)</p>	Provide an opportunity to play a game. Simon says, hide and seek, red light/ green light are all great ideas to get movement in while working on following single and multi-step directions. Make this type of visual board so students with limited communication can participate fully in the game.

	English language arts	Read aloud or independent reading of electronic stories helps students develop early literacy skills	<p>Tarheel Reader provides opportunities for assisted and independent reading.</p> <p>On-line books read aloud with signing</p>	<p>DLM guidance document assists with the Tarheel Readers. Select books by topic, and ask guided questions using storyboard for students with limited oral communication skills. This is only an example of a storyboard.</p> <p>This is an example of a story with symbols for students with limited or no consistent mode of communication. This story would need to be adjusted based on individual student needs.</p>
	Computer science	Manipulate small objects to complete a task, hand-eye coordination, and typing	<p>Activities for engagement in an educational environment</p> <p>ABCya 4th grade</p> <p>ABCya 5th grade</p> <p>ABCya 6th grade and up</p> <p>Learn to Type modeling and practicing typing</p>	<p>TheraKids and Learning4Kids both provide ideas for fine motor activities within the home environment. Provide families with a list of selected activities that best meet the needs of the student.</p> <p>This article provides examples of fine and gross motor activities in the home environment specifically for older students.</p>
	Behavioral skills, social/emotional skills, life skills	Behavioral, communication	<p>The Feelings Game interactive game to identify face expressions</p> <p>Identifying emotions in others interactive video</p> <p>Explaining feelings video</p>	<p>Using Emotion Faces or Anger Management Skills visual cards could help students to communicate their feelings. Remember that students must first understand what the visual means before they can use it.</p> <p>Small Talk Discussion Cards provide discussion prompts to get students talking about feelings.</p>
	Life skills, transition skills	Following directions, directionality (left/right), attributes (big/small), reciprocal communication	<p>Setting the Table video guide</p>	<p>Set Table for Dinner visual task list</p> <p>Table setting cue card</p>

	Math, English language arts, science, history	World/community exploration, vocabulary acquisition, directionality (left/right), attributes (big/small)	With Virtual Field Trips students can explore the world. From zoos to art museums, these trips allow the student to interact with the world. Provide a scavenger hunt to guide the trip.	Go on a nature walk and look for animals native to Arkansas. Arkansas Game and Fish Commission Free Resources (multiple resources are available including informational pamphlets, recipes, and a section for students resources)
	English language arts	Expressive and receptive communication, directionality (left/right), attributes (big/small),	Hidden Pictures Digital Play interactive game Highlights Kids Hidden Pictures interactive game	Take the dog for an evening walk. Get some exercise and play a game of I Spy . Sensory Adventure: Outside Exploration ideas on how to build guiding questions into a nature walk.
	Physical education and health	Following verbal (Video Modeling) and/or visual (Visual Task List) directions to complete a given task. Sequencing, health and safety.	Video Modeling step- by-step modeling of how to brush your teeth	Visual Task List basic visual steps to brush your teeth Visual task list complex steps to brushing your teeth Step-by-step guide to brushing your teeth
	English language arts, behavioral skills	Reciprocal communication, answering what/who questions, providing information with supporting details	Visual Dictionary interactive tool to assist with writing and word finding	Taking time to reflect on the day will help the student learn to reflect. This Social Story/feelings and this Daily Journal are both tools to help students reflect on the day. Talk with the student about her day. Create an individualized storyboard (example) to facilitate this conversation using some of these guiding questions .

Grades 9-12

	Subject	Skills	Virtual Activity	Technology-Free Activity
	Math, reading, life skills, science	Sequencing, following directions, health and safety	Video Modeling Hand Washing instructional video on how to wash hands	Hand Washing Data Sheet Data tracking chart for hand-washing procedures Hand Washing steps with Visuals picture sequencing of hand-washing procedures
	Math, English language arts, life skills, transition skills	Sequencing, measuring, reading recipe, reciprocal communication, following verbal directions, etc.	Cooking Waffles video modeling	Waffle recipe visual recipe (multiple options, free to download) Visual recipe for pancakes visual recipe Communication board example for students with limited communication.
	Math, reading, life skills, science	Sequencing, requesting, weather-appropriate choices, attributes (long sleeve vs. short sleeve), color, fasteners	Dressing Weather Appropriately interactive game with scenarios	Getting Dressed choice board Skills that could be addressed during this time: dressing for the weather, temperature, dressing for the activity, left/right, inside/outside, etc. Individualize this activity to meet the needs of the student and the home environment.
	Math, life skills	Sorting household items allows a student to develop discrimination skills (Depending on the level of the student, the activity may need to start with placing one type of item in a container.)	Seasons Suitcase Sort , Sorting Waste and Break the Bank are all interactive sorting games Sorting coins video modeling	Sorting items allows a student to develop discrimination and fine motor skills (depending on the level of the student, activity may need to start with placing one type of item in a container) Benefits of functional activities is an article explaining life skills.

All	Reading aloud, either hard-copy or electronic stories, helps students develop early literacy skills, social skills, and life skills.	<p>Tarheel Reader provides opportunities for assisted and independent reading.</p> <p>On-line books read aloud with available signing.</p>	<p>DLM guidance document assists with the Tarheel Readers</p> <p>Books with visual symbol text provide an opportunity for students with limited communication to share in the reading.</p> <p>Select books by topic, and ask guided questions using storyboard for students with limited oral communication skills. This is only an example of a storyboard.</p> <p>This is an example of a story with symbols for students with limited or no consistent mode of communication. This story would need to be adjusted based on individual student needs.</p>
Physical education	Gross motor movement (choose activities to fit the needs of the student)	<p>WheelChair Yoga interactive video</p> <p>Exercise Part 1 and Exercise Part 2 are videos designed for teens and young adults with disabilities.</p>	<p>Activity Choice Board provides the opportunity for increased communication and choice for students.</p>
All	Sorting colors, vocabulary, visual discrimination	<p>Design a scavenger hunt where students take pictures of the items they find, place them in a google doc and submit it to you (Directions to Flippity).</p>	<p>Create a scavenger hunt for your students using google forms; here's how!</p> <p>Riddle scavenger hunt #1 and Riddle Scavenger Hunt #2 are examples of scavenger hunts that can be modified to meet the needs of the student.</p>

	Math, reading, science	Sequencing, measuring, reading a recipe, reciprocal communication, etc.	Balanced Meals Video educational video Food Nutrition interactive game Making a PB&J video modeling	Take this Grocery Store Bingo to the store or <i>shop</i> virtually; either way, this is an activity that builds functional academics. Remember to consider the communication needs of the student. Does she need a communication board to accompany this activity? Meal time communication board example for students with limited communication.
	Writing, literacy, language	Create a story using apps. Narrate a story to discuss characters, setting, events, and details of a story.	Story Maker interactive writing tool Story Prompt Generator interactive game to help develop story ideas	Develop writing activities based on the needs of the students. If engagement is a need, use Story Prompts to motivate the student. If the student is writing simple sentences, use Sentence Stretching to increase complexity. If the student is ready for a paragraph, build the activity using the paragraph Graphic Organizer . Remember to allow for the student to <i>write</i> using whatever mode is most beneficial for them (a scribe, voice recording, communication board, drawing, typing, etc.)
	Gross motor, science	Movement, exercise	Move and freeze interactive video	Have a dance party movement break, try Rollin' the Moves
	Physical education	Manipulate small objects to complete a task and build hand-eye coordination	Activities located on these links technology engagement in an educational environment. Fine Motor Technology Brain Break interactive games	TheraKids and Learning4Kids both provide ideas for fine motor activities within the home environment. Provide families with a list of selected activities that best meet the needs of the student. This article provides examples of fine and gross motor activities in the home environment specifically for older students.

	Social skills, life skills, health and safety	Functional life skills, emotional regulation, social skills, communication, behavior	<p>Robbie the Robot interactive game</p> <p>The Feelings Game interactive game identifying facial expressions</p> <p>Emotions Video animated video modeling scenarios</p>	<p>Emotions Choice Board, Emotion cards, and Emotions Check-in are all tools that could be used to support the student in learning and expressing emotions. It is oftentimes easier for students to recognize emotions in others before they are able to identify them internally.</p>
	Math, reading, science	Following directions, directionality (left/right), attributes (big/small), reciprocal communication	<p>Washing Dishes video modeling of washing dishes by hand</p> <p>Washing Dishes with Dishwasher video modeling of loading a dishwasher</p>	<p>Prepare Lunch Together and Look n' Cook are examples of cookbooks with visual recipes. Find a recipe specific to your student's needs and develop a lesson around that activity. Consider measuring, fractions, counting, and nutrition as instructional areas to target.</p> <p>Skills that can be reinforced around dinner time: washing dishes (visual task list), setting the table (visual task list), or cleaning up after the meal are all areas to think about incorporating into activities.</p>
All		World/community exploration, vocabulary acquisition, directionality (left/right), attributes (big/small)	<p>With Virtual Field Trips students can explore the world. From zoos to art museums these trips allow the student to interact with the world. Provide a scavenger hunt to guide the trip.</p>	<p>How to plan a virtual field trip? Think about guided activities for the virtual field trips. How can these activities be connected to the student's post-secondary goals? Try developing a lesson around virtual job shadowing.</p>
	Physical education	Expressive and receptive communication, directionality (left/right), attributes (big/small)	<p>Hidden Pictures Digital Play interactive game</p> <p>Highlights Kids Hidden Pictures interactive</p> <p>I Spy Shapes animated interactive game</p>	<p>Get some exercise, take a walk and play a game of I Spy or go on a nature walk scavenger hunt ideas on how to build guiding questions into a nature walk.</p> <p>Remember, communication is key. Does the student need a communication board for this activity?</p>

	Physical education and health	Following verbal (Video Modeling) and/or visual (Visual Task List) directions to complete a given task. Sequencing, health and safety.	Video Modeling video modeling	<p>Visual Task List basic visual steps to brush your teeth</p> <p>Visual task list - complex steps to brushing your teeth</p>
	Reading, writing, functional skills, life skills, social emotional skills	Reciprocal communication, answering what/who questions, providing information with supporting details	Visual Dictionary interactive tool to assist with writing and word finding.	<p>Taking time to reflect on the day will help the student learn to reflect.</p> <p>This Social Story/feelings story and daily journal are both tools to help students reflect on the day.</p> <p>Talk with the student about her day. Create an individualized storyboard (example) to facilitate this conversation using some of these guiding questions.</p>