

Richmond Public Schools
Department of Curriculum and Instruction
Curriculum Pacing And Resource Guide



Course Title/ Course #: Health Grade 6

Start day: 1

Meetings: 45 days

Course Description

Richmond Public Schools standards for Health Education is a direct correlation with the state standards, providing students with information to improve, sustain, and promote, personal, family, and community health.

Pacing Resources Assessments MP1

Time Frame	Standards of Learning	Units/ Topics/ Concepts	Resources	Assessments
2 Weeks (4-6 Instructional Blocks O/E)	<ul style="list-style-type: none"> ● 6.1 g,n,p ● 6.2 b,e,n,o,p ● 6.3 b 	Unit MP1.1 <u>Health/Wellness</u> <ul style="list-style-type: none"> ● Health Triangle (mental/emotional, social and physical health) ● Hygiene ● Self-esteem lth Triangle	http://web.richmond.k12.va.us/Departments/DepartmentOfInstruction/Health/Resources.aspx http://www.healthteacher.com/ http://www.lessonplanspage.com/PE.htm http://www.glencoe.com/sites/virginia/teacher/health_fitness/index.html	Vocabulary Quizzes Exit Slips Audience responses Questioning Elaborating Flash cards Answers in groups Journals Take a stand Foldables Foundation of Personal Fitness Homework

<p>2 Weeks(5-6 Instructional Blocks O/E)</p>	<ul style="list-style-type: none"> ● 6.1 c ● 6.2 a,b,g,k,n ● 6.3 a,b,c,d 	<p>Unit MP1.2 <u>Fitness/Nutrition</u></p> <ul style="list-style-type: none"> ● Heart Rate ● BMI ● My Plate ● Fitness Plans 	<p>http://www.glencoe.com/sites/virginia/teacher/health_fitness/index.html</p> <p>http://web.richmond.k12.va.us/Departments/DepartmentOfInstruction/Health/Resources.aspx</p> <p>http://www.healthteacher.com/</p> <p>http://www.familyfoodzone.com/game/index.htm</p> <p>http://www.lessonplanspage.com/PE.htm</p> <p>http://www.glencoe.com/sites/virginia/teacher/health_fitness/index.html</p> <p>www.choosemyplate.gov/</p>	<p>Vocabulary Quizzes Exit Slips Audience responses Questioning Elaborating Flashcards Answers in groups Journals Take a stand Brain storm Foldables Homework</p>
<p>2 Weeks</p>	<ul style="list-style-type: none"> ● 6.1 d,e ● 6.3 e 	<ul style="list-style-type: none"> ● Unit MP1.3 <u>Communicable Diseases</u> ● Colds and Flu ● Bacteria, Pathogens, Fungus ● STDs 	<p>http://web.richmond.k12.va.us/Departments/DepartmentOfInstruction/Health/Resources.aspx</p> <p>http://www.glencoe.com/sites/virginia/teacher/health_fitness/index.html</p> <p>http://www.healthteacher.com/</p>	<p>Vocabulary Quizzes Exit Slips Audience responses Questioning Elaborating Flash cards Answers in groups Journals Take a stand Foldables</p>

			http://www.lessonplanspage.com/PE.htm	Homework
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Pacing Resources Assessments MP2

Time Frame	Standards of Learning	Units/ Topics/ Concepts	Resources	Assessments
2 Weeks	<ul style="list-style-type: none"> ● 6.1 d,e ● 6.3 e 	<p>Unit MP2.1 <u>Non- Communicable diseases</u></p> <p>Cardiovascular diseases (like heart attacks and stroke), cancers, chronic respiratory diseases (such as chronic obstructed pulmonary disease and asthma) and diabetes.</p>	<p>-</p> <p>http://web.richmond.k12.va.us/Departments/DepartmentOfInstruction/Health/Resources.aspx</p> <p>-http://www.gsu.edu/~wwwche/lessons.htm</p> <p>Noncommunicable Disease</p>	<p>Vocabulary</p> <p>Quizzes</p> <p>Exit Slips</p> <p>Audience responses</p> <p>Questioning</p> <p>Elaborating</p> <p>Flashcards</p> <p>Answers in groups</p> <p>Journals</p> <p>Take a stand</p>
2 Weeks	<ul style="list-style-type: none"> ● 6.1 e,f,j,k,l,m,n,o,p, q ● 6.2 a,c,d,f,h,m,n,o,p ● 6.3 d,i,k,l,m,n,o,q 	<p>Unit MP2.2 <u>Life Skills</u></p> <ul style="list-style-type: none"> ● Self-Image ● Making Decision ● Smoking ● Alcohol ● Marijuana ● Advertising ● Violence and the Media ● Coping with Anxiety ● Coping with Anger ● Communication ● Social Skills 	<p>http://web.richmond.k12.va.us/Departments/DepartmentOfInstruction/Health/Resources.aspx</p> <p>http://www.healthteacher.com/</p> <p>http://www.lifeskills4kids.com/</p> <p>http://www.lifeskillstraining.com/</p>	<p>Vocabulary</p> <p>Audience Response</p> <p>Application Article</p> <p>Challenging Action</p> <p>Concept link</p> <p>Elaborating</p> <p>Group Q &A</p> <p>Non- verbal</p> <p>Public Performers</p> <p>Socratic Seminar</p>

<p>1-2 Weeks(4-6 instructional days O/E)</p>	<p>6.1 a 6.2 b,g,k,l,m,n 6.3 i,m,o,s</p>	<p>Unit MP2.3 <u>Body Systems/ Human sexuality</u> Reproductive Nervous Skeletal and Muscular Cardiovascular</p>	<p>http://web.richmond.k12.va.us/Departments/DepartmentOfInstruction/Health/Resources.aspx</p> <p>http://www.lessonplanspage.com/PE.htm</p> <p>http://www.brainpop.com/health/</p> <p>http://yucky.kids.discovery.com/teachercenter/pg000064.htm</p>	<p>Vocabulary Quizzes Exit Slips Audience responses Questioning Elaborating Flashcards Answers in groups Journals Take a stand</p>
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